



Family Dinners Matter

Saturday, April 20, 2024

10:00 am to 12:00 pm

Center Moriches, New York

\$20

In the busyness of work and the demands of everyday life, taking time to plan, cook and enjoy a meal with those we love has become more of a rare commodity—but family dinners matter! This seminar invites participants to see the value of serving meals for their families and offers resources of menu ideas that will inspire them to set aside time in their schedules to gather for a meal. Our demonstration will be given by a certified nutritionist who will share menu hacks and great ways of saving time, without sacrificing the quality and love that goes into preparing!

To read more about the event
and register, please visit:

www.homeunlimited.org/aolw-newyork

