

 *The Art of Living for Women*

# Meal Planning and Entertaining

**Thursday, March 23, 2023**

**8:30 to 11:00 AM**

**Potomac, Maryland**

**\$35** Coffee and refreshments will be served.

Join us as Nella Hennessey demonstrates how to take the stress out of making our family dinners, with practical menu planning guidance, a list of essential pantry staples, along with many plan-ahead tips to ease the panic of last minute surprise guests. Entertaining can be stressful, but not for Lourdes Arguello, our entertaining expert who will demonstrate how to plan for a successful cocktail party, and plan a dinner with the elegance of a professional!

To read more about the event and register, visit:  
[www.homeunlimited.org/aolw-maryland](http://www.homeunlimited.org/aolw-maryland)

